

Feedback after acudetox session

As does a soap cleans our body from dirt likewise acupuncture cleans our system and mind, I m feeling lighter as is all dirt from my mind got washed away - Anonymous.

A quite different sensation is felt in lower limbs after inserting acupuncture needles initially, after 30-40 min my mind got static and I went in a sleeping mode, I hardly realized someone is near about me.

I was very apprehensive before applying the needles, a pain equaling to nothing is felt after application, felt as if all the energy of body got transferred to one part of body. I am feeling very relaxed.

I was feeling very restless and waiting for the needles to be removed.

My mind become almost numb.

All attention got focused at the needles at first but soon felt a lot relaxed and sleepy.

I felt as if I went in a completely different world, as if I was with my family, it was amazing, feeling really good and comfortable.

A brief pain initially and went in a state of peace afterwards.

"at first I was very scared but later, I also tried. It made me feel calm from within"

" I used to think a lot and thus unable to sleep. But after receiving acupuncture, I have been sleeping well"

" I was never hungry before. I didnt want to eat much. But after acupuncture, I am now hungry most of the time"

" Each time, I sense I m getting stressed out, I ask the staff here to give me acupuncture. After that I feel fine"

" I will never do it, because I am too scared of the needles"

" It has helped me a lot, specially my knee which used to hurt a lot. Now its much better"

" Someone told me that I will go mad if I move while the needles are still pierced. So Im just too scared now" (we all had a good laugh!!)

" At first, I did not believe that it would work. But once I tried it, I knew it was good for me"

" I have not yet tried it, but today, after listening to you, I will try it"

" Who is not scared of the needles? What if I bleed to death? What if it gets infected?"

" Can you come more often?"