

**Feedback of counsellors attending trainees from NISD training held on 27<sup>th</sup> March 2014-03-28**

Acudetox brings back my attention to small, small activities to my body.

Good sleep!!

Amazing ,feeling good, good experience and want to know more about acudetox...

Sleep well than fear ,heavy head and lightness later...

Feel tired, relaxed and sleepy

There was body pain before acudetox no pain after acudetox

I made me numb, sleepy and relief..

Mind was at peace

I felt like neck was moving later felt good ..

Heaviness in the head and then slept well ..

A little headache than relaxation...