## Feed Back of Training Programme of ACUDETOX at Allahabad

Attending the training programme of ear acupuncture was refreshing experience for me. Spending time with Dr. Michel Smith and Mr. Vatsyayan was motivating. I found this workshop very useful for my personal growth and of worth for my professional practice at my clinic. I would like to share that while applying the behavior therapies especially individual counseling sessions, it was always very difficult to give something concrete to the clients/patients. I found that before applying any behaviour therapy a session of acudetox will help me and the client to get ready for the therapy. I am looking forward to use this as a tool for rapport establishment in technical counseling sessions.

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